Sports Development Strategy
2007 - 2011
The purpose of the Sports development strategy is to provide a clear statement of the Council’s Sports Development aims, objectives and priorities for the next five years. It will demonstrate how the Council plans to enable and deliver a range of sports services to specific groups, to meet it’s overall Sports Development objectives. It flows from the Council’s Corporate Strategic Plan 2005-2010 and the Brentwood Local Strategic Partnerships Community Strategy. The Strategy also contributes to the local achievement of priority outcomes under the new Essex Local Area Agreement.

Introduction to Sport

Sport is any highly structured, physical activity governed by rules, which has a high level of commitment from participants. It can be either a competitive or non competitive nature and also has some characteristics of play. Sport is characterised by:
- vigorous physical exertion
- complex physical skills by individuals
- intrinsic motivation
- external rewards earned through participation.

The Department of Health recommendation for participation in physical activity is at least 30 minutes of moderate physical activity 5 times a week. At present only 30% of the nation are doing the recommended amount or more of physical activity, although approximately 74% of the population perceive themselves to be physically active. This situation provides a challenge to increase awareness of the levels of activity needed to benefit health. Promoting health and increased participation in sport of individuals should have the wider effect of benefiting the community.
The benefits of sport are widespread and can affect individuals, groups and communities. The benefits can be explored under the following headings:-

A. Healthy Nation
B. Creates Cohesion
C. Provides Positive Role Models for Young People
D. Diversion from Crime and Community Safety
E. Community Pride and Identity.
A. Healthy Nation:
Health is defined as a state of physical, mental and social wellbeing, and not merely the absence of disease or infirmity. Participating in regular exercise has been proven to prevent or lower the risk of developing: hypertension, heart disease, type II diabetes, asthma, certain forms of cancer, obesity, and several mental illnesses. One in five adults and one in ten children are clinically obese – increasing their risk of heart attacks, diabetes, arthritis, bronchitis and other life-threatening illnesses. It has been calculated that the economy could save an estimated £2 billion in health costs and lost productivity if obesity levels are slashed. Therefore, increasing the participation in physical activity will mean less people are at risk of developing serious medical conditions.

B. Creates Cohesion:
Sport brings groups of people together in a united purpose. Any team sport builds on cohesiveness as individuals have to work effectively together to achieve.

C. Provides Positive Role Models for Young People:
Sport produces a number of role models in a variety of different ways. They can give a positive image of a healthy individual who promotes no smoking, no drug taking, dedication to the chosen sport and demonstrates prowess. The media helps to celebrate national sporting heroes and winning teams, which share their successes with fans and give young people someone or a group of people to emulate and admire.
At local levels young people will look up to their coach or P.E teacher for leadership.

D. Diversion from Crime and Community Safety:
Sport is an excellent activity for everyone. It is enjoyable, it can relieve stress, and anger and aggression can be positively channelled. According to the Government’s recent Respect Action Plan, occupying spare time with sporting activity reduces anti-social behaviour.

E. Community pride and identity:
A team or individual that has success can be a local, regional or national hero. There is great scope in the run up to the 2012 Olympics to motivate communities to support local elite athletes, as successful sportspeople bring a positive image to the local community which they can celebrate. The awareness of a local person achieving something that is seen to be of importance or significance can give people within that community hope and encouragement and confidence to achieve personal goals.

With these benefits taken into account, the importance of sports development for the community is undeniable.
The overall aim of sports development is to encourage long term participation for the entire community. The phrase used regularly within the sports development context is: ‘Sport for all’. Sport needs to be accessible for all residents, and so if someone wishes to participate in an activity for the first time, there would be no constraints or barriers to stop the individual from taking part.

Development can involve identifying existing barriers to participation, and consulting with the individuals or groups affected by the barrier. This will enable us to understand the individual's/groups’ needs and help to facilitate participation. Therefore, to increase participation, affected groups of people need to be identified and targeted.

Sports development in Brentwood will incorporate some aspects of Government White Papers such as Game Plan, Every Child Matters and Sport England: A framework for Sport. Key objectives from these papers reflected in the work at local level, and they also offer guidance and direction for future work in the different focus areas.
Sport England

Sport England is the National Governing body for Sport in England. It receives money from the National Lottery and the Government to ensure the development of sport in the country. Sport England identified six target groups within the population that, in general, have low participation rates in sport. These six groups are:
- Children
- Elderly
- People on low incomes and the unemployed
- People with disabilities
- Women and girls
- People from ethnic minorities

These target groups all have certain barriers and constraints to participation that can be categorised into 4 main factors: Physical, social, political and economic barriers.

In the Borough of Brentwood there is a large percentage of residents over the age of 60. There is also a large number of children between the age of 0 -14. Brentwood is described as an affluent area and due to this there are a limited number of people unemployed or on low income, thus, economic barriers are probably not the cause of low participation in the Borough.
Corporate Strategic Plan
This Sports Development Strategy flows directly from the Council’s Corporate Strategic Plan 2005-2010 which sets out the Council’s overall mission and strategic objectives. The Council’s Mission Statement is:
‘To enhance quality of life in Brentwood ensuring it is a pleasant place in which to live, work and relax for the benefit of current and future generations.’
The Corporate Strategic Plan articulates the Council’s priority objectives under the following five themes:-
- Housing and Decent Homes
- Healthy Living
- Clean, Green and Sustainable Environment
- Community Safety
- Enterprise
This Sports Development Strategy relates mainly to the Healthy Living theme and the Council’s key Action Objectives for this theme are to:
- Promote the benefits of healthy living
- Develop exercise programmes contributing to the health improvement plan
- Ensure the availability of high quality and accessible leisure, recreational and cultural opportunities
Ensure the development of cultural services, facilities and activity in the Borough
Provide facilities for young people
Improve access to high quality health related services
Assist the Brentwood Local Strategic Partnership

Brentwood Local Strategic Partnership

In addition, the Sports Development Strategy dovetails the work of the Brentwood Local Strategic Partnership (LSP) which is pursuing specific objectives in relation to ‘Health and Welfare’ and ‘Leisure and Culture.’ The LSP’s Strategic Objectives for Leisure and Culture include:-

Encouraging and promoting the provision of sport and leisure facilities/activities that are accessible to everybody
Developing a wide and varied range of leisure activities and facilities in order to provide the community with the opportunity to enjoy and benefit from their leisure time

The LSP’s objectives for Health and Welfare include:-

Removing or controlling adverse factors affecting the health and welfare of the local people in both the living and working environments
Seeking to ensure the fullest range of health and welfare services are available to meet residents needs
Working in partnership with others to improve health and social care in the Borough
Essex Local Area Agreement

In 2006 Brentwood Borough Council and the Brentwood LSP became partners to the new Essex Local Area Agreement - a final three year agreement with Central Government for the achievement of agreed priority outcomes in Essex.

The LAA is structured around four key blocks:-
- Children and Young People
- Safer, Stronger Communities
- Healthier Communities and Older People
- Economic Development

Arising from three blocks the LAA has 14 specific outcomes, the most relevant of which to this Sports Development Strategy are:-

- To reduce obesity
- To improve the quality of life for people in the most disadvantaged neighbourhoods and ensure service providers are more responsive to neighbourhood needs and improve their delivery
- To reduce crime, the harm caused by illegal drugs and to reassure the public, reducing the fear of crime
- Build respect and reduce anti-social behaviour
- Reduce the need for older people to go into hospital or residential care
- Actively manage our environment
- Keep vulnerable children and young people safe
- Reduce the number of people who smoke in Essex

To contribute to achieving these objectives through sport, key areas of focus have to be identified and addressed.
The Borough of Brentwood is situated in the southwest of Essex within the Metropolitan Green Belt, 18 miles from London. The Borough contains 1,215 hectares of woodland, three country parks, a large amount of farmland and a number of villages. The Borough also contains three Sites of Special Scientific Interest within its rural area.

The Borough of Brentwood has good road and rail connections with the M25 motorway, A12 and A127 trunk roads and fast rail links with London and East Anglia. Whilst over 50% of the resident workforce commute daily into London, the Borough is also home to large companies such as Ford UK and British Telecom. There are also seven industrial estates and numerous other smaller enterprises scattered throughout the Borough.

The Borough has 38 schools, of which 24 are primary, 6 are secondary, 7 are independent and one is a special needs school.

**Parishes**

The Borough of Brentwood has nine parishes, which vary in size and comprise of villages and landscapes with many important and historic buildings. These parishes are: Blackmore, Hook End and Wyatts Green, Doddinghurst, Herongate and Ingrave, Ingatestone and Fryerning, Mountnessing, Kelvedon Hatch, Navestock, Stondon Massey and West Horndon.
Brentwood has a total population of 70,200* within an area of 15,312 hectares.

**Age**
- Aged 0-15 years: 13,500
- Aged 16-64 years: 43,700
- Aged 65 and over: 13,000

**People**
- Males: 34,100
- Females: 36,000

**Ethnicity**
- White: 66,012
- Mixed: 671
- Asian or Asian British: 958
- Black or Black British: 370
- Chinese or other ethnic group: 445

**General Health**
- Good: 73%
- Fairly Good: 20%
- Poor: 7%

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The Borough has a large range of sporting activities, catering for different ages, tastes and abilities. In addition to Brentwood Borough Council, The Brentwood Leisure Trust is the provider of some of the public facilities in the area. There are a significant number of other organisations who contribute to the provision of sport in the Borough. These include the Parish Councils, the Voluntary Sector, Education, Youth Services, Community workers, National Governing Bodies, Essex County Council and the Private Sector.

The facilities, activities, schemes and programmes which these different organisations and bodies can offer to the residents in the Borough, range from Archery to Trampolining. (See Appendix 1 and 2 for listings of facilities, sports clubs and other organisations which are available in Brentwood.) There is great opportunity in Brentwood Borough to participate in a wide and diverse range of sport, and this will be explored further on in the Strategy.

Of the 38 schools within the Borough, none of these have Specialist Schools Sports Status, therefore, currently Brentwood Schools are going outside the Borough to seek additional support and funding for Sport, to the nearest Specialist Sports College, Gt Baddow High School in the Borough of Chelmsford.

In 2006, Shenfield School gained School Sports Hub Status for the Borough. This means Brentwood will have funding for a School Sports partnership, providing each Secondary school with a School Sports Coordinator. This will allow schools sports to further develop and improve the links between all schools and Sports clubs in the Borough.
This chart shows the structure of sport in Brentwood with regards to partnerships.
Sports Development

-Objectives and Priorities

General Objectives
The general objectives of this Sports Development Strategy are:-

- To encourage local people to participate in regular physical activity in order to improve their physical, mental and social well being. This means the Healthy Living and well being key area of focus
- To ensure leisure and sports facilities are accessible to all. Better access provides a greater opportunity for participation rates to increase
- To develop a wide variety of sport in the area, with best value practice.

Consultation with different bodies and organisations must be carried out to gain a better understanding of what is needed and wanted within the Borough. This follows Best Value practice, which is the practise Brentwood Borough Council strives to achieve.

Consultation will be implemented via a number of different groups; Brentwood’s Sports Users Forum, Brentwood Schools Healthy Living Council, Brentwood Sports Council and other specific partnership working meetings. Having views, opinions and feedback from the sporting organisations and bodies and from the local residents is key to researching how to further the development of sport within the Borough of Brentwood.
Pursuant to the foregoing general objectives, the following key areas of focus will be addressed:

- Healthy Living and Well Being
- Participation
- Performance and 2012

Healthy Living and Well Being

The well-being and state of health in the Borough of Brentwood are key areas of focus within sports development. Referring back to the Council’s Mission Statement, by re-educating and making people aware of the benefits of regular sports participation and a healthy lifestyle, individuals, families and communities will have a better quality of life.

The LSP has identified Brentwood as a ‘Healthy Living Centre’, and has engaged all partner organisations to promote and provide healthy living and encourages residents to live a healthy lifestyle.

The Healthy Living Centre will need to be constantly improved and developed over the next 5 years with key partners working together updating and evaluating health activities and sport facilities to ensure maximum benefit to local residents of all ages and ethnicity.
Participation

Nationally, levels of participation are measured and assessed and are always looking to be increased. This aim is also carried down to a local target, as increasing participation in Brentwood is key to achieving a number of other objectives, such as a healthier community, a safer environment to live in, and increased success within sport. The focus is at grass roots level (foundation and participation sections of the Sports Development Continuum), getting as many people across the different target groups to regularly partake in some kind of physical activity.

Increasing participation requires promotion and advertising of local facilities, activities and programmes to increase people’s awareness of what is available to them and when. Partnership working for this objective is key to success as there are many people to target within the Borough.

Regular meetings with various groups and organisations are needed to enable communication to flourish.

Increased participation at grass roots should proportionately increase the number of people progressing to performance levels of sport.

Performance and 2012

Brentwood Borough Council is keen to recognise talent and support individuals who are dedicated to achieve. The focus here is to make sure the pathways are in place to allow athletes to develop and accomplish in their chosen area of expertise. Athletes need clear guidance and structured coaching once they leave grass roots level and want to continue sport as a profession. To get to the ‘excellence’ segment or to the top of their game, perseverance, hard work and finance is needed.

The Sports Development Continuum (on page 25) shows the different levels of athlete competence of the chosen sport, from a complete beginner to a world class competitor. Over the next five years, Sports Development work in the Borough will concentrate on foundation level, getting people into sport as beginners.

Due to the 2012 Olympics being hosted in London and the Mountain Biking in Brentwood, another important focus will be potential Olympians. Brentwood Borough Council also have an Olympic Strategy which builds in aims and objectives and future projects to focus on world class athletes in this performance sector of sports development.
The Sports Development Continuum

(Casey 1998)

Model 1:
Pyramid, this is how the sports development continuum has ‘traditionally’ been presented with the individual progressing smoothly to his/her chosen level and moving easily between levels of participation/performance.
The Council’s key priorities for Sports Development over the five years are:-

<table>
<thead>
<tr>
<th>Priority</th>
<th>Specific</th>
<th>Partners</th>
<th>Key Area of Focus</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>To deliver and develop important annual sporting events.</td>
<td>Festival of Sport, Essex Youth Games, and Primary School Days</td>
<td>Brentwood Sports Council, Sportessex, Shenfield School Sports Partnership</td>
<td>Performance, Participation</td>
<td>2006- Ongoing</td>
</tr>
<tr>
<td>To signpost and offer advice in a sporting context</td>
<td>Database of sports clubs (Directory), advertise and promote effectively, update website regularly</td>
<td>Brentwood Sports Council</td>
<td>Participation</td>
<td>2006- Ongoing</td>
</tr>
<tr>
<td>Recognise sporting achievement and offer support to local talented athletes</td>
<td>Talented 100 Scheme; Sports Awards, Sports Council Grants</td>
<td>Brentwood Sports Council, Schools</td>
<td>Performance</td>
<td>2006-2011</td>
</tr>
<tr>
<td>Healthy communities</td>
<td>Educating and encouraging families to lead healthier lifestyles</td>
<td>BLT Health Promotion Officer</td>
<td>Healthy Living</td>
<td>2006-2007</td>
</tr>
<tr>
<td>Keeping the elderly active</td>
<td>Cater specifically for target group</td>
<td>BLT</td>
<td>Healthy Living, Participation</td>
<td>2006-2008</td>
</tr>
<tr>
<td>Priority</td>
<td>Specific</td>
<td>Partners</td>
<td>Key Area of Focus</td>
<td>Year</td>
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</tr>
<tr>
<td>To cater for people with disabilities, making sport as inclusive as possible</td>
<td>Club development working with Essex Disability Officer, additional programmes and schemes</td>
<td>Essex County Council Disability Sports Development Officer, Local Sports Clubs</td>
<td>Participation</td>
<td>2006-2008</td>
</tr>
<tr>
<td>To use Sport as a tool for lowering crime rates and anti-social behaviour</td>
<td>Targeting communities in Pilgrim’s Hatch and Warley</td>
<td>Police, CDRP, WASP, Tottenham Hotspur</td>
<td>Participation</td>
<td>2007-2009</td>
</tr>
<tr>
<td>Club Development work focusing on inclusion</td>
<td>Helping clubs to gain necessary accreditation and encourage clubs to be inclusive</td>
<td>Sportessex, Local Clubs, NGBs</td>
<td>Participation</td>
<td>2008-2010</td>
</tr>
<tr>
<td>Target inclusion and maximise facility usage for the build up to the 2012 Olympics</td>
<td>Holding events such as free sports open days targeting different sections of the community</td>
<td>BLT, Voluntary Sector, Brentwood Sports Council, 2012 Essex Working Group</td>
<td>Performance, Participation</td>
<td>2010-2012</td>
</tr>
</tbody>
</table>
Brentwood Borough Council is always looking ahead therefore Sport in 2020 will be explored.

Recommendations for 2020

8 years post the London Olympics, there will be an expectation of a sporting legacy that has increased excellence and participation, therefore raising the profile of sport still needs to be a focus for the Council.

- Focus on any of Britain’s medallists from the 2012 Games; use their success to promote local clubs and sports teams.

- Focus on the elderly staying active, as this section of the population will increase as medication and cures will advance, the average mortality age will be higher.

- Sporting Britain outlines progress towards achieving the ambitious target of 70% of the nation doing 30 minutes of moderate physical activity 5 times a week by 2020, as outlined in Game Plan, the 2002 report by the Prime Minister’s strategy unit. Therefore this asks for focus on getting non-sports people into the foundation levels.

- Focus on improving the private health/sports sector as they will be the main providers of sport and exercise by 2020.

- Obesity levels, especially amongst children aged 2-10 years, are currently (2006) on the increase and have risen significantly over the last ten years, 13.7% were obese in 2003. Hence, the prediction is that by 2020 child obesity will affect approximately one fifth of this age bracket. This issue will need serious attention if child obesity levels rise significantly. Research will need to be undertaken into why child are becoming obese (lack of nutritional knowledge of parents, or lack of physical activity at home/school, etc). The problems will then need to be tackled focusing on children, their families and the local communities where obesity is more prevalent.
Appendix 1 - Sports Clubs

Archery - ‘The Pilgrim Archers’
Our members practice archery. We run courses for beginners and have qualified coaches to progress archers to a higher level. We meet in Ingatestone once a week in the winter and three times a week in the summer.
Contact: Mrs I Major
Address: 62 Brookdale Avenue, Upminster Essex RM14 2LT
Tel: 01708 222179
Email: iris.major@tesco.net

Ashwells Sports and Country Club
Gym, tennis courts, swimming pool, steam, jacuzzi, sauna, fitness classes, bar, restaurant, conference and banqueting facilities. Outdoor and indoor displays and many other amenities.
Contact: Darren Evans
Address: Ashwells Road, Brentwood, Essex CM15 9SE
Tel: 01277 373282
Email: info@ashwells.co.uk
Web: www.ashwells.co.uk

Beauford Badminton Club
We meet at Hutton and Shenfield Union Church Parish Hall on Wednesdays at 8am-10am.
Contact: Len Webb
Address: Bushwood, 6 Herrington Grove, Brentwood, Essex, CM13 2NN
Tel: 01277 216068

Bentley Golf & Country Club
Address: Ongar Road, Pilgrims Hatch, Brentwood, Essex
Tel: 01277 3731179

Boyles Court Riding Club
Address: The Stables, Boyles Court Farm, Great Warley, Brentwood, Essex
Tel: 01277 210171

Brentwood and District Table Tennis League
Runs the local table tennis league for clubs who are based in the Brentwood and Billericay districts. There are clubs all over Brentwood with play taking place most evenings.
Contact: Paul Mulley
Address: 13 Newmans Drive, Hutton, Brentwood CM13 2PZ
Tel: 01277 262166
Email: paul.mulley@btinternet.com
Web: www.bdttl.freeserve.co.uk

Brentwood Centre
Offers most indoor sports, with facilities to international standard. The Centre boasts superb facilities, including the 12-badminton court International Hall, for sports including aerobics, football, table tennis, yoga and many other varied activities. Other facilities at the Centre include a hi-tech fitness training centre, health suite, beauty clinic and squash courts in addition to two swimming pools. Both pools offer a comprehensive programme ranging through pre-school lessons to life saving classes and kids' splash-time. The Centre offers a café and licensed bar facilities.
Contact: Kelly Hopwood
Address: Doddinghurst Road, Brentwood
Tel: 01277 215151
Email: info@brentwood-centre.co.uk
Web: www.brentwood-centre.co.uk

Brentwood Centre Golf School
Address: King George Playing Fields, Ingrave Road, Brentwood, Essex
Tel: 01277 373179

Brentwood Cricket Club
Address: Old County Ground, Brentwood, Essex
Tel: 01277 227800
Web: www.brentwoodcc.co.uk

Brentwood Golf Centre at Hartswood
One of the leading public courses in the South-East. Its popularity stems from the attractive parkland nature with gently undulating fairways and large areas of woodland, as well as the superb condition in which it is maintained. Although by championship standards the course is not long at 6,160 yards, it is made extremely difficult for the wayward player with small, well-bunkered greens.
Address: Ingrave Road, Brentwood, Essex
Tel: 01277 218714

Boyles Court Riding Club
Address: The Stables, Boyles Court Farm, Great Warley, Brentwood, Essex
Tel: 01277 210171
Brentwood Hard Court Tennis Club
Contact: Ian Page
Address: Childerditch Lane, Brentwood, Essex CM13 3EH
Tel: 07876 686101
Email: firstpages@btopenworld.com
Web: www.brentwoodhard.co.uk

Brentwood Hockey Club
Address: The Old County Ground, Shenfield Road, Brentwood, Essex
Contact: Stewart Dance
Tel: 01277 210638
Email: administratobrentwoodhockey.com
Web: www.brentwoodhockey.com

Brentwood Lawn Tennis Club
Address: Old County Cricket Ground, Shenfield Road, Brentwood
Tel: 01277 217407

Brentwood New Century Bowmen
Beginners and experienced archers welcome. Training courses available with all equipment supplied. Cater for recurve bows, long bows and compound bows. Shoot all year round. We meet at Brentwood County High School on Thursday evenings.
Tel: 01277 217294
Email: clubsecretary@newcenturybowmen.co.uk
Web: www.newcenturybowmen.co.uk

Brentwood Ramblers
We meet for walks four or more times a week. Walks are 5 to 12 miles. We support the local Council with footpath maintenance and support the Ramblers’ Association national organisation.

Brentwood Rugby Football Club
Teams from under 7 to 19 years, vets’ side, plus four adult teams. Senior team training every Tuesday and Thursday. Youth training Wednesday and Sunday. Junior and mini training on Sunday. Senior games Saturday afternoon.
We meet at King George’s Playing Fields.
Contact: John Roberts
Address: King George’s Playing Fields, Ingrave Road, Brentwood, Essex
Tel: 01277 210267
Email: p36tap@aol.com

Brentwood School Sports Centre
The Sports Centre is a leisure complex in the grounds of Brentwood School. It offers a wide range of high quality sporting facilities, open to everyone for use in the evening and at weekends.
Address: Middleton Hall Lane, Brentwood, Essex
Tel: 01277 243344

Brentwood Selio Sub Aqua
Contact: Kerry Summers
Email: summerska@hotmail.com

Brentwood Ski Centre
Address: Brentwood Park, Warley Gap, Brentwood, Essex
Tel: 01277 211994

Brentwood Sports Council

Brentwood Sports Council fully represents all sporting interests in the Borough.
Contact: Maria Buckley
Address: 23 Park Way, Shenfield, Brentwood, Essex CM15 8LH
Tel: 01277 234540
Email: mbucklel1@ford.com

Brentwood Squash Club
Meets at the Brentwood Centre on Sundays at 6pm.
Contact: Paul McLead
Address: 226 Hatch Road, Pilgrims Hatch, Brentwood
Tel: 01277 228838
Email: paulmclead52@aol.com
Web: www.brentwoodsquashclub.org.uk

Brentwood Tennis Club
Eight court tennis club with floodlighting and optional coaching.
Contact: John Twyford
Address: 48 Priests Lane, Brentwood, Essex CM15 8BY
Tel: 01277 218419

Brentwood Town Ladies Football Club
We offer competitive football to girls aged 8 upwards and to women.
We meet at the Brentwood Centre. Girls aged 8-16, Saturdays 10am-12noon, adults (16+), Wednesdays 7pm-9pm.
Contact: Olivia Worsfold
Address: 183 Chelmsford Road, Shenfield, Brentwood, Essex CM15 8SA
Tel: 01277 221445
Email: btownlfc@hotmail.com
Contact: John Lovell
Address: 26 Tyle Green, Hornchurch, Essex
Brentwood Trampoline Club
Brentwood Trampoline Club was founded in the 1980's as Cloud Nine, changing its name to Brentwood Trampoline Club in 2001. The club caters for all categories of bouncer although with a bias towards those wishing to compete and go far as far as they are able. For some members this might be only as far as grade 4 whilst others will look to strive for national or international recognition. All will be supported in their goals by their coaches.
The club bounces on Monday, Tuesday, Wednesday & Friday and as many Sundays as possible.
Address: Brentwood School Sports Centre, Middleton Hall Lane, Brentwood, Essex
Email: info@cloud9brentwood.co.uk
Web: www.cloud9brentwood.co.uk

Brentwood Archers Target Archery Club SW
The club meets at Shenfield High School on Wednesday evenings and Sunday mornings and holds regular beginners courses, coached by expert archers.
Tel: 01277 261969
Web: www.burntwoodarchers.org.uk

Clearview Health and Racquet Club
Clearview offers nine tennis courts (six indoor), two luxurious pools, spacious fitness arena equipped with vast amounts of the latest technology, creche, Tranquility beauty salon and three air conditioned studios.
Address: Little Warley Hall Lane, Little Warley, Nr Brentwood CM13 3EN
Tel: 01277 815640
Email: membershipmanager.clearview@esporta.com
Web: www.esporta.com/clearview

Cloud 9 Brentwood
The club is open to rising 5's and above and caters for all abilities. We strongly believe that all members irrespective of ability have something to offer. There are 6 coaches within the club all of whom hold British Gymnastics Association qualifications. We have 1 coach per trampoline at every training session and it is our aim to enhance safety on and around the trampoline.
The club trains Monday, Tuesday, Wednesday and Friday at Brentwood School Sports Centre.
Address: Brentwood School Sports Centre, Middleton Hall Lane, Brentwood, Essex
Email: info@cloud9brentwood.co.uk
Web: www.cloud9brentwood.co.uk

Dragons Health Club
Health club offering exercise to all from young to old. We offer 4x one to one appointments with guaranteed results or money back! Winner of Customer Service Excellence Award at Mid Essex Awards 2005.
Address: Chindits Lane, Warley, Brentwood, Essex CM14 5LF
Tel: 01277 202088
Email: brentwood-sales@dragons.co.uk
Web: www.dragons.co.uk

Dunton Hill Golf Course
Address: Tilbury Road, West Horndon, Brentwood, Essex
Tel: 01277 812340

Essex Intermediate Football League Shenfield Association SW
Address: The Drive, Warley
Email: webmaster@eifl.org.uk
Web: www.eifl.org.uk

Falls prevention in the elderly
Aimed at those aged over 65 who would like to prevent falls from occurring and participate in exercise to help strengthen bones and keep the body mobile. Referral may be necessary.
We meet at 1pm on Wednesdays at the Brentwood Centre.
Contact: Kelly Hopwood
Address: Brentwood Centre, Doddinghurst Road,
Four Seasons Equestrian Centre
Address: Shenfield Hall Farm, Hall Lane, Brentwood, Essex
Tel: 01277 260429

Glendene Cycle Club
Participate in all club cycling activities - club runs, tours, road racing, track racing and mountain biking.
Meets at Navestockside Village Hall, Wednesdays at 8pm.
Contact: Tony Woodcock
Address: 14 Littlebury Court, Kelvedon Hatch, Brentwood CM15 0XQ
Tel: 01277 373690
Email: woodcock@velo15.fslife.co.uk
Web: www.glendenecc.org.uk

Havering and South Essex Orienteering Club - HAVOC
Organises orienteering events for club members and the general public in local country parks.
We usually meet on Saturday or Sunday mornings in local parks.
Contact: Paul Beckett
Address: 21 Weald Close, Brentwood, Essex CM14 4QU
Tel: 01277 213758
Email: chairman@orienteering-havoc.co.uk
Web: www.orienteering-havoc.co.uk

Holdens Archers
Locally run archery club which is governed by the Grand National Archery Society. We accept all ages into the club as members. We also run social events such as quiz nights etc.
Contact: Alan Goodsman
Address: 175 Woodland Avenue, Hutton, Brentwood CM13 1HN
Tel: 01277 227549
Email: alangoodsman@yahoo.co.uk
Web: www.mindolluin.co.uk/holdensarchers

Hutton and Shenfield Union Church Lawn Tennis Club
Five court tennis club (four with floodlights) offering coached mini-tennis, junior and cadet membership, adult mid-week and weekend social play, club tournaments, mens, ladies, mixed and veterans matches, and club social events.
We meet daily at Hutton and Shenfield Union Church Tennis Club, Brockley Grove, Hutton Mount, Brentwood.
Contact: Chris Rastin, Club Secretary
Address: 1 Roundwood Grove, Hutton Mount, Brentwood CM13 2NA
Tel: 01277 225648
Email: cm.rastin@btinternet.com
Web: www.hsultc.co.uk

Hutton Cricket Club
The club provides cricket for people aged 8 and upwards. There is a comprehensive coaching programme for all age groups. The club has CLUBMARK accreditation from Sport England.
The season runs April to the end of September. Winter practice and coaching is available. The Club’s grounds are in Hall Green Lane, Hutton.
Contact: Carole Payne
Address: 5 Coleridge Walk, Hutton, Brentwood, Essex CM13 2RT
Tel: 01277 228388
Email: capayne@btinternet.com
Contact: John Ridgeway
Address: 19 Park Avenue, Hutton, Brentwood CM13 2QL
Tel: 01277 232994
Email: clubcolours@hotmail.com
Website: http://members.lycos.co.uk/huttoncricket-club/

Hutton Cricket Club - Colts Section
A Sport England Clubmark accredited club providing group and individual coaching. We run indoor and outdoor teams at under 11, under 13, under 15 and under 16 level in district and county competitions with an easy transition into adult cricket. Our team of coaches includes part time professions and six qualified at level 2.
We meet at the Polo Ground, Hall Green Lane, Hutton on Tuesday, Thursday and Friday evenings.

HealthTrax
Walking for health. Three beginner/intermediate walks in and around the community and one advanced walk rotating around Brentwood parks.
Contact: Kelly Hopwood
Address: Brentwood Centre, Doddinghurst Road, Brentwood, Essex CM15 9NN
Tel: 01277 215151
Email: kelly.hopwood@brentwood.gov.uk
Web: www.brentwood-centre.co.uk
for training, with matches on weekday evenings and Sunday mornings.
Contact: Rod Greig
Address: 17 Worring Road, Shenfield, Brentwood, Essex
Tel: 01277 222190
Email: eccb@cedeb.fsnet.co.uk
Web: http://members.lycos.co.uk/huttoncricket-club

Hutton Medway Football Club
A friendly club dedicated to youth football. Established since 1969, Hutton Medway Football Club has grown from humble beginnings to current status of fielding 18 teams and catering for over 200 young people ranging from 5 through to 18 years of age.
Tel: 01277 227527
Email: info@huttonmedwayfc.co.uk
Web: www.huttonmedwayfc.co.uk

Hutton Parish Carpet Bowls
Indoor carpet bowls.
We meet at St Peter’s Church Hall, Tuesdays 7.30pm-9pm fortnightly.
Contact: Chris Sharman
Tel: 01277 214841

Hyo Gen Do Karate
Traditional Japanese Wado-Ryu Karate-do. Students learn self defence, self control, discipline and self confidence through training. Students learn striking, sweeping and locking techniques, they also study traditional kata (forms) and partner work.
We meet on Tuesdays at St Martin’s School, Hanging Hill Lane, 6pm-8pm and Thursdays at the Brentwood Centre, Dodinghurst Road, ladies only, 11am.
Contact: Adrian Allen
Address: Wallands, Roman Road, Ingatestone, Essex CM4 9AE
Tel: 07906 304118
Email: enquiries@hyogendo.com
Web: www.hyogendo.com

Ingatestone Angling Club
Fishing on three local lakes and stretches of River Wid. Provides competitive and pleasure angling for Ingatestone & Fryerning only residents.
Contact: John Bassom
Tel: 01277 354855
Contact: Peter Lester
Tel: 01277 354048

Ingatestone Bowling Club
Outdoor bowling club with men’s and ladies’ leagues.
We meet at the rear of the Community Club, High Street, Ingatestone, on Saturdays and Sundays for freindly games, and Mondays, Tuesdays and Wednesdays for league games.
Contact: Mike Welch
Tel: 01277 659770
Address: 26 Carson Road, Billericay, Essex CM11 1SA

Ingatestone and Fryerning Cricket Club
Senior cricket side with two teams on Saturday in the T C Rippon Mid Essex Cricket League and a Sunday side playing friendlies.
We train at the Fairfield Recreational Ground, Ingatestone, on Tuesday and Thursday evenings (late April-September).
Contact: Robert Fletcher
Address: 10 Cherry Trees, The Meads, Ingatestone CM4 0AP
Tel: 01277 354431
Email: rtlecher189@aol.com

Ingatestone and Fryerning Tennis Club
A small cozy club, ideal for families with children.
Meets at Ingatestone and Fryerning Community Club, High Street, Ingatestone.
Contact: Susanne Emond
Tel: 01277 353280

Jazzercise Classes
A 60 minute class includes easy to follow Fun Aerobic Dance routines, muscle toning and stretching exercises. All to the beat of great music. Classes are held at Brightside Infant School, St Martin’s School, Hutton and Poplars Hall, Hutton.
Contact: Sue Reader
Tel: 01277 626219

Kazen Kai Martial Arts
Martial arts tuition at the Martial Arts Centre, Bannister Drive, Hutton Poplars.
Contact: Simon Kidd
Address: Martial Arts Centre, Bannister Drive, Hutton Poplars, Essex CM13 1YX
Tel: 01277 262800
Email: admin@kazenkai.com
Web: www.kazenkai.com

Keep Fit Association (South East Essex)
Fitness though movement, exercise and dance. From young movers to mature movers. We are part of a national association, recognised by the Register of Exercise Professionals, Sport England, etc.
We have 30 teachers locally with classes running all over the area. Full details on our website.
Contact: Mrs C Bannister
Address: 26 Shenfield Crescent, Brentwood, Essex CM15 8BN
Tel: 01277 211050
Email: chris@bannister104.fsnet.co.uk
Kelvedon Hatch Lawn Tennis Club

Contact: Sue Etheridge
Address: Village Hall Playing Field, School Road, Kelvedon Hatch, Brentwood CM15 0DU
Tel: 01277 374746
Web: www.kelvedon.totaltennis.net

Living in Victory Basketball
Coaching to aged 6-adult, both male and female. Nine teams compete in the National Basketball League, senior teams compete in the Essex League. Weekly open sessions start with under 8s. Full holiday programme. See our website or call for our full programme.

Contact: LIV Basketball
Address: 239 Woodland Avenue, Hutton, Brentwood, Essex CM13 1DA
Tel: 01277 214548
Email: livbasketball@talk21.com
Web: www.livbasketball.com

Norton Heath Riding School
Address: The Orchards, Fingrith Hall Road, Blackmore, Brentwood, Essex
Tel: 01277 821848

Over Fifties Sports Club
Badminton, table tennis, short tennis and bowls at the Brentwood Centre, Mondays at 1.30pm. £3.50 per session.

Contact: Betty Gilbert
Tel: 01277 824282

Pete’s Players Badminton Club
Intermediate to advanced level badminton. Club play on four courts. Racket restring and repair service.
We meet at Brentwood County High School, Seven Arches Road, Brentwood, Wednesdays 8.15pm-10.45pm.

Contact: Peter Rice
Address: 41 Warren Drive, Elm Park, Hornchurch, Essex RM12 4QZ
Tel: 01708 473997
Email: peter_rice2005@yahoo.co.uk

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Tel: 01708 473997
Email: peter_rice2005@yahoo.co.uk

R and J Dance
Classes and events for social Ballroom and Latin dancing. Beginners and intermediate level. Over 18s only.
We meet from 7.30pm-9pm, Fridays at Maple Hall, Maple Crescent, Brentwood, Tuesdays at Hogarth Primary School, Riseway, Brentwood, and from 8pm on the first Saturday of the month for social ballroom and Latin at Keys Hall, Brentwood.

Contact: Jenny and Richard North
Address: 17 Coopers Green, Wickford, Essex SS12 9PA
Tel: 01268 762626
Email: j.north@ecomonline.net
Web: www.randjdance.co.uk

Recoil Trampoline Club
Recoil is a competitive club, giving members the opportunity to enter local, regional and national competitions.
Coaching is offered to all who wish to enjoy the sport trampolining from the mini jumpers (2½-5½ years) through to Junior Jumpers (6-17 years) and senior jumpers (18 years plus). We welcome trampolinists of any ability from beginner to the advanced performer and we also have dedicated sessions for adults and children with special needs.
Meets at Brentwood Centre and Shenfield Sports Centre.

Contact: Tricia Johnston
Address: The Brentwood Centre, Doddinghurst Road, Brentwood, Essex CM15 9NN
Tel: 01277 625988
Email: enquiries@springiton.co.uk
Web: www.springiton.co.uk

Saxons Badminton Club
Juniors with qualified Badminton England coaches, CRB checked and have attended child protection courses. Beginners to advanced coaching.
Adults - coaching advice if students request it.
We meet at Brentwood County High School, Seven Arches Road, Brentwood. Tuesdays, juniors 7pm-8.30pm, adults 8.30pm-10.30pm.

Contact: Peter Rice
Address: 41 Warren Drive, Elm Park, Hornchurch, Essex RM12 4QZ
Tel: 01708 473997
Email: peter_rice2005@yahoo.co.uk

Shaftsbury Cycling Club
We are a local amateur club, catering for all age groups and abilities. We are involved in racing and touring activities.
We meet on Wednesday evenings at Mountnessing Village Hall.

Contact: Alan Rosner
Address: 29 Abbots Close, Shenfield CM15 8LT
Tel: 01277 218392
Email: alan@rosner.fsbusiness.co.uk
Shenfield Sports Centre
Offers a comprehensive range of cardio-vascular equipment and weight training facilities in the newly refurbished fitness centre and gym. Also available is a multi-purpose sports hall and aero-bic/martial arts activities room. The Centre is available during evening, weekends and school holidays. The centre offers café and licensed bar facilities.
Address: Oliver Road, Shenfield, Brentwood, Essex
Tel: 01277 226220

Shenfield Table Tennis Coaching
Provides table tennis coaching for boys and girls from 8 years upwards. On Saturday 6-7pm at Shenfield Sports Centre during term time.
Contact: Paul Mulley
Address: 13 Newmans Drive, Hutton Brentwood, CM13 2PZ
Tel: 01277 262166
Email: paul.mulley@btinternet.com

South Weald Cricket Club
We meet each Wednesday evening throughout the year. Cricket is played each Saturday and Sunday from May to September at Sandpit Lane, South Weald.
Contact: Chris Gray
Address: Sandpit Lane, South Weald, Brentwood, Essex
Tel: 01277 373500

Stonyhill Indoor Bowls Club
Address: Brentwood Road, Herongate, Brentwood, Essex
Tel: 01277 811848

Susan’s Total Body Workout
Aerobics and circuit training for all ages and abilities. Meets at St Nicholas’ Church Hall, Ingrave, Mondays at 8pm, Wednesdays at 6.30pm core stability - ball required, Fridays at 6.30pm.
Contact: Susan
Tel: 07808 169238

Thorndon Park Golf Club
Thorndon Park has been a members club since 1920. The 6492 yard par 71 oak lined course is set on 240 acres designed and laid out by Harry S Colt and C. H. Alison.
Address: Thorndon Park, Ingrave, Brentwood, Essex CM13 3RH
Tel: 01277 811666
Email: office@thorndonparkgolfclub.com
Web: www.thorndonparkgolfclub.com

Thursday Dance Group
This is a very happy and lively group who have enjoyed this interest for 21 years together: Ballroom, Latin American and modern sequence with strict tempo music. There is a short break at Easter, Christmas and New Year periods. We meet on Thursday evenings, 8pm-10pm at Doddinghurst Village Hall, Church Lane, Dodinghurst
Contact: Mrs W M Steel
Address: 26 Park Meadow, Doddinghurst, Brentwood, Essex CM15 0TT
Tel: 01277 823166

Towers Petanque Club
Players petanque (French boule). Men and women from ages 8 upwards. Tuition given. £10 per year to join.
We meet at the Tower Arms, every Tuesday evening, 7.30m-8pm.
Contact: Mr J Cartwright
Address: 48 Shenfield Crescent, Brentwood, Essex CM15 8BW
Tel: 01277 215272
Email: cartwrightj@ic24.net

Warley Park Golf Club
Warley Park boasts a superb 27 hole golf course, a fine lounge and restaurant overlooking some of the finest scenery in Essex, and offers a high standard of service in a friendly relaxed atmosphere.
Address: Magpie Lane, Little Warley, Brentwood, Essex
Tel: 01277 224891
Email: enquiries@warleyparkgc.com

Warley Hospital Bowls Club
The club currently has 61 members, 38 gentlemen and 23 ladies, who enjoy both friendly and competitive bowling from April through to September. The gentlemen play in matches organised by the Brentwood and District Bowls Association, which in turn is affiliated to the Essex County Bowling Association, and the ladies play in the Warley Woods League.
Contact: Roy Masters
Address: 181 Ingrave Road, Brentwood CM13 2AB
Tel: 01277 215254

Weald Park Hotel Golf & Country Club
Built in 1738, Weald Park Hotel is set in 150 acres of Parkland and located in the backdrop of the rolling hills of South Weald. Our courtyard style hotel offers an 18 hole golf course, fine din-
ing and spacious en-suite rooms.
Address: Coxtie Green Road, South Weald,
Brentwood, Essex CM14 5RJ
Tel: 01277 375101
Email: reservations@bestwestern.co.uk

West Horndon Tennis and Social Club
Contact: Angela Ruston
Address: Rear of Chafford Gardens,
West Horndon CM13 3NJ
Tel: 0207 445 3770
Web: www.westhorndon.totaltennis.net
Appendix 2 - Facilities

Public Sports Facilities

Brentwood Centre
Offers most indoor sports, including the 12-badminton court International Hall, aerobics, football, table tennis, yoga and many other activities, and a licensed bar.
Other facilities at the Centre include a hi-tech fitness training centre, health suite, beauty clinic and squash courts, in addition to two swimming pools. Both pools offer a comprehensive programme ranging through pre-school lessons to life-saving classes and kids’ splash-time.
Address: Doddinghurst Road, Brentwood CM15 9NN
Tel: 01277 215151
Box office: 01277 262616
Email: info@brentwood-centre.co.uk
Website: www.brentwood-centre.co.uk

Shenfield Sports Centre
Offers a comprehensive range of cardio-vascular equipment and weight-training facilities in the fitness centre and gym. Also available is a multi-purpose sports hall and aerobics/martial arts activities room.
The Centre, which also has a licensed bar, is available during weekends, evenings, and school holidays.
Address: Oliver Road, Shenfield, Essex
Tel: 01277 226220
Email: shenfieldinfo@brentwood-centre.co.uk
Website: www.brentwood-centre.co.uk

Brentwood Golf Centre
Brentwood Golf Centre at Hartwood is one of the leading public courses in the south-east. Its popularity stems from the attractive parkland nature and gently undulating fairways, large areas of woodland and the excellent condition in which it is maintained. Although by championship standards the course is not long at 6,160 yards, it is made extremely difficult with small, well bunkered greens.
Contact: Steve Cole
Address: King George’s Playing Fields, Ingrave Road, Brentwood Essex
Tel: 01277 218714

Parks, Play Areas and Open Spaces

Alexander Lane
1.678 hectares
Address: Alexander Lane, Shenfield
Facilities: no play area
no car parking
no warden
no public toilets

Bishops Hall Park
4.41 hectares. 2 play areas: Junior up to 8 years of age cradle and junior swings, sand play table, roundabout etc. Senior 8 years and above, swings, mobilus, spinning disc, belt path, spring jeep, basketball hoop etc. Enclosed hard court

Appendix 2 - Facilities

Brentwood Centre
20.09 hectares
Address: Doddinghurst Road, Brentwood
Facilities: no play area
car parking in Brentwood Centre
public toilets in Brentwood Centre

Copperfield Gardens
0.838 hectares
Address: Copperfield Gdns/Cleves Ave, Brentwood
Facilities: no play area
no car parking
no warden
no public toilets

Courage Playing Fields
5.774 hectares. Play area: cradle & junior swings, see-saw, slide etc.
Address: Chelmsford Road, Shenfield
Facilities: no car parking
no warden
no public toilets

Capon Close
Cradle & junior swings, slide etc
Address: Mayfield Gardens, Brentwood

Cromwell Road
Cradle & junior swings, see-saw, roundabout,
rocking horse
Address: Cromwell Road, Brentwood
Gibraltar House
Cradle & junior swings, see-saw, multi unit etc.
Address: The Drive, Warley

Hatch Road
5 hectares. Habitats include grassland, hedgerow, scrub and woodland
Address: Hatch Road, Crow Green
Facilities: no car parking
no warden
no public toilets

Hutton Country Park
Local Nature Reserve. 37 hectares. Habitats include woodland, hedgerow, scrub, grassland, ponds, rivers and streams
Address: Wash Road, Hutton
Facilities: car parking available off Wash Road
no warden
no public toilets

Hutton Polo Fields
0.64 hectares
Address: Boundary Drive, Hutton
Facilities: no play area - (to be refurbished)
no car parking
no warden
no public toilets

Hutton Poplars
9.339 hectares
Address: Poplar Drive, Hutton
Facilities: no play area
no car parking
no warden
no public toilets

Hutton Recreation Ground
4.455 hectares. Play area: swings, slide, hard court area. Site due to be re-furbished in 06/07.
Address: Wash Road, Hutton
Facilities: no car parking
no warden
no public toilets

Ingrave Johnstone Playing Fields
1.762 hectares. Play area: cradle & junior swings, slide, climbing unit etc.
Address: Thordon Approach, Ingrave
Facilities: no car parking
no warden
no public toilets

King George's Playing Fields
19.394 hectares. Play area: Largest Play area of Brentwood Open Spaces: cradle & junior swings, slides, suspension bridge unit, large wooden fort, many other items for all ages. Please note: 1 disabled swing & roundabout suitable for wheelchair use and other dual use equipment.
Address: Ingrave Road, Brentwood
Facilities: car parking
warden
public toilets

Larkins Playing Fields
4.205 hectares
Address: Ongar Road, Brentwood
Facilities: no play area
no car parking
no warden
no public toilets

Maple Close
Cradle & junior swings, slide, see-saw etc.
Address: Maple Close, Brentwood

Masefield Court
Cradle & junior swings, multi-unit etc, springies

Merrymeade
15 hectares. Habitats include pond, stream, scrub, hedgerow, grassland and woodland
Address: Sawyers Hall Lane, Brentwood
Facilities: no car parking
no warden
no public toilets

Mountney Close
0.501 hectares. Play area: cradle & junior swings, slide, see-saw etc.
Address: Mountney Close, Mountnessing
Facilities: no car parking
no warden
no public toilets

Seymour Field
4.172 hectares
Address: New Road, Ingatestone
Facilities: no play area: trim-trail
no car parking
no warden
no public toilets

River Road
Junior swings, multi-play unit, see saw, roundabout, slide, springy boat
Address: River Road, Brentwood

St. Faith's
16 hectares. Habitats include scrub, hedgerow, ponds, streams, woodland and grassland.
Address: Weald Road or London Road, Brentwood
Facilities: no car parking
no warden
no public toilets

Tower Hill
1.553 hectares
Thorndon Country Park
Thorndon Country Park is divided into Thorndon Park North, with the Countryside Centre, and Thorndon Park South. These areas are linked by the ‘Old Park’, which is owned by the Woodland Trust, and ‘Old Thorndon Pasture’, which is owned by Essex County Council. These areas are now being restored on the basis of the previous layout and design. In due course, all of the land except that around Hatch Farm will be available for public access.

The most important habitat in Thorndon Country Park is the ancient deer park area dating back to the 15th century which has been designated a Site of Special Scientific Interest.
The Countryside Centre in Thorndon Park North, built from timber blown over in the 1987 storms in the two parks, has a permanent exhibition, a shop selling gifts and refreshments, and a schools’ room. Both the exhibition and schools’ room are available to hire.

Fishing is available if a day ticket is purchased. Horse riding is allowed, but you must keep to the areas marked with a blue arrow.

Address: Sir Francis Way, Brentwood
Facilities: no play area
no car parking
no warden
no public toilets

Three Arches Estate
Junior swings
Address: Hornbeam Close, Brentwood

Three Arches Estate
Junior swings
Address: The Limes, Beech Avenue, Brentwood

Warley Country Park
21 hectares. Habitats include regenerating and mature woodland, hedgerow, grassland and streams

Address: Vaughn Williams Way, Warley
Facilities: car parking available in Vaughn Williams Way
no warden
no public toilets

Warley Playing Fields
11.417 hectares. Play area: swings, mobilus, double cableway, table tennis, large climbing items, giant group swing.

Address: The Drive (access via Chindits Lane), Warley
Facilities: car parking
warden when football or cricket is in play
no public toilets

Weald Country Park
Weald Country Park is located to the west of Brentwood. At nearly 500 acres it is the largest of the Essex County Council Country Parks. Parkland has been established here for more than 700 years; the lakes, the tree-lined avenues, and large parkland trees are the result of the landscaping carried out in the 18th century.
The Ranger service at Weald Park and Thorndon Park offers many special activities throughout the year. Activities for children vary from investigating flowers and insects to kite making and Halloween walks. In addition there are many educational walks and tours for family and adults on topics such as natural history, fungi and country park management.

Address: Car parks can be found on Weald Road and Lincolns Lane
Tel: 01277 216297

West Horndon Playing Fields
3.402 hectares. Enclosed hard court area - football and basketball. Large play area - swings, roundabout, trim trail, see-saw, climbing equipment etc.

Address: Cadogan Ave, West Horndon
Facilities: no car parking
no warden
no public toilets

Parish Play Areas

Blackmore Village Hall
Blackmore Ted Marriage Playing Fields
Doddington Village Playing Fields
Ingatestone & Fryerning Fairfield Recreation Ground
Kelvedon Hatch Village Playing Field
Mountnessing Coronation Playing Fields
Nave stock Village Hall
Stondon Massey Village Playing Field

Private Sports Facilities

Ashwells Sports & Country Club
Address: Ashwells Road, Pilgrims Hatch Essex CM15 9SE
Tel: 01277 373828

Body Fitness
Address: 1 Weald Road, Brentwood Essex CM14 4SN
Tel: 01277 230625

Brentwood Park Ski and Snowboard Centre
Facilities for Hire

The Adult Community College
Meeting rooms and lecture theatre for hire, up to 100 people. Also two equipped with 12 computers.
Contact: Liz Cocklin
Address: Warley Centre, Essex Way, Warley
Tel: 01277 202258

Brentwood School Sports Centre
Halls, rooms and bar available for hire, from £27.50 per hour, for fairs, concerts, shows, meetings, wedding receptions, exhibitions, quiz nights and parties.
Contact: Angela Hawkins
Address: Brentwood Sports Centre, Middleton Hall Lane, Brentwood, Essex
Tel: 01277 243344
Email: ahawkins@brentwood.essex.sch.uk

Old House Arts & Community Centre
A wide range of activities for both residents and visitors to the area. Many local organisations and societies meet at Old House; in-house activities include, two slimming clubs, Anybody’s Club, music school for youngsters and a comfortable coffee lounge and bar.
Contact: Helen Sullivan
Contact: Lesley Dare
Address: Shenfield Road, Brentwood, Essex
Tel: 01277 211827